

Choice

The Newsletter Of AARP Chapter 1952

Warner Robins, Georgia
"To Serve – Not To Be Served"
www.Choice1952.com

January, 2008

Volume 12

Issue 1

Issued Monthly

Meeting Dates/Time: Wednesday, January 23rd and Wednesday, February 27th (10:00 A.M.)

Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Officers	Names	Telephone	Board Of Directors	Telephone
President	John Echols	953-5060	Rosita Huckeba	987-7220
Vice President	Allison Caruso		Howard Jordan	929-2202
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Choice Editor/Typist	Greg Davis	318-0471	Betty Lou Lovain	922-7774
			Maureen Echols	953-5060

BIRTHDAYS FOR JANUARY

Claude Wright	4 th	Suzanne Burgess	7 th	Bessie Howell	13 th
William Rachels	14 th	Edwin Booth	18 th	Jane Gordon	19 th
Carol Martin	19 th	Rosita Huckeba	20 th	Billy Trussell	23 rd
Janet Morton	26 th				

Happy Birthday!

BIRTHDAYS FOR FEBRUARY

Irene Hughes	2 nd	Lillian Werner	7 th	Miriam Buchmaster	13 th
Jean A. Berry	24 th				

Happy Birthday!

WE CARE

"Late 2007" To Present: Get Well cards were sent to **Jane Gordon** (back surgery), **Ivis Bedrick** (heart surgery) and **Rosita Huckeba** (shoulda surgery). For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. - **Ralph Waldo Emerson (1803-1882)** "Blessed are those who mourn, For they shall be comforted." **Matthew 5:4**

Letter From The President

Happy New Year!

Welcome to a new year! Although we had a good year in 2007, we did not get the increased membership or attendance that I had hoped for. I hope that each of us will make an effort to encourage attendance by members who do not attend regularly, and bring a guest who just might join our chapter.

Let's make this a year of action in our communities and in the legislative process. We will start with a **"Day At The Capitol"** on **March 5th**. Sign-ups to make the trip will start at the January meeting. For those of you who will not be at the meeting and would like to make the trip, call one of the officers to put your name on the list. We plan to leave the Wellston Center at 7:30 am and hope to be back around 4:00 pm. There will be no planned rest stop along the way.

If you have a suggestion for some type of community service, contact a board member with your idea.

John Echols

Attention Readers Of This Newsletter: **"Local Chapter Membership" Has Its Rewards And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/phone number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/year! Thank you! ggd ☺

AARP Defensive Driving Classes

Day Classes: Contact Lynn Partillo at 478/971-4473. **Evening Classes:** Contact Lamar Odom at 478/788-5121.

AARP Tax Aide (February 1 – April 15, 2008)

Contact: 478/929-6960

Editor's Notes

Happy New Year! Wow ... 2008 is here! Just "yesterday" we launched our online edition of our newsletter - www.Choice1952.com – and now we have archives of 2007's newsletters! We also spotlighted a few members' informative, educational and inspirational life experiences ... a feature we'll continue as well!

As **your** Editor I'm open to suggestions for our newsletter! So please get your newsworthy information and/or photographs to me as soon as possible! Additionally, **please contact me to be featured in future newsletters!**

Our newsletter - in addition to being online – is distributed to members, non-members and businesses. If **ANYONE** is interested in advertising in our newsletter please contact me at **478/318-0471** and/or via e-mail at **gdavismail@gmail.com!**

Sincerely,

Greg (I'm Da Baby) Davis (ggd) ☺

Emerging Technologies For Humanity

In our October 2007 newsletter I began a new series on "Emerging Technologies For Humanity." Among the many "emerging technologies" futurists agree that (in addition to the "Electronic Global Library – see archive/October 2007) shift to a "hydrogen economy" would solve a long list of problems resulting from the oil economy while creating a cleaner and more productive society. This month's "emerging technology" discusses a **Hydrogen Economy!**

The term, "hydrogen economy" refers to a global economy powered by hydrogen, not oil.

The hydrogen economy is important for the advancement of humanity for several reasons. First off, the oil economy is fraught with problems:

Pollution: Burning fossil fuels generates alarming levels of pollution that affect every living organism on the planet. Fossil fuels also contribute to global pollution through oils spills, oil extraction, oil refining, and other processes.

Global Warming: The natural consequences of global warming are quite severe: rising oceans, disappearing coastlines, mass extinction of ocean life, severe and unpredictable climate change, a sharp increase in

natural disasters, and so on. Essentially, global warming makes the planet an unfriendly place in which to live.

Control Of Resources: Because oil is so vital to the economies of nations, its control escalates to "national security" priority. A shift away from the oil economy to a clean, renewable and widely available energy source would ease tensions that have historically surrounded the control of limited resources.

Limited Supply: fossil fuels are, indeed, running out. There is a finite supply of oil to be found on the planet, and once that oil is consumed, it simply cannot be recreated without waiting hundreds of thousands of years for nature to create more.

Hydrogen Is Everywhere: Hydrogen is in water and can be easily extracted with solar power. Hydrogen is found in abundance at the bottom of the ocean in frozen gas hydrates. *gas hydrates* (see below). Hydrogen is in natural gas, petroleum, and the byproducts of microbial activity.

Hydrogen Is Clean: Through fuel cell technology, hydrogen can be converted to electricity with no harmful waste products. Hydrogen doesn't pollute cities, rivers, streams or oceans. Hydrogen doesn't cause global warming.

Gas Hydrates Are Abundant: At the bottom of the colder regions of the world's oceans, gas hydrates are plentiful. These are frozen ice-like crystals of frozen hydrogen. Technology now exists to harvest these gas hydrates, store them at liquid nitrogen temperature, and easily convert them into usable hydrogen gas by allowing them to melt at normal atmospheric pressure.

Hydrogen is Renewable: Unlike fossil fuels, hydrogen is renewable. Converting hydrogen gas to electricity in fuel cells doesn't "destroy" the hydrogen; it just alters the state of the hydrogen.

Hydrogen Solves Serious Global Problems

By shifting to a hydrogen economy, we can simultaneously solve a long list of problems tied to the oil economy (pollution, limited resources, global warming, etc.) while creating new opportunities with hydrogen (clean, renewable, plentiful energy).

To Be Continued ... ggd ☺

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Welcome - **Beltone Hearing Aid Center** – Our Latest Advertiser/Sponsor! ggd 😊

How Seniors Can Get Affordable Supplemental Health Care Insurance

The “older years” are supposed to be “golden years,” yet many seniors are faced with financial burdens they shouldn't have to deal with ... especially after long lives of education, taking care of families, working, and paying taxes! Where's the fun in the golden years if they're spent worrying about how to pay for the left over health care costs that Medicare failed to pick up?

That's where affordable supplemental health care insurance for seniors comes into the picture. By purchasing an affordable supplemental health care insurance policy, seniors can rest assured that all of their health care costs will be covered, and not just the health care Medicare covers.

When seniors purchase an affordable supplemental health care insurance policy, they can stop stressing about the next health care bill the mailman drops off. After all, if you already have health care insurance, you shouldn't have to worry about health care coverage and costs, right? **Wrong!** Some health care insurance, such as Medicare for seniors, doesn't cover all health care costs. Luckily, with an affordable supplemental

health care insurance policy, seniors won't have to stress anymore.

Many health insurance companies offer affordable supplemental health care insurance policies that are perfect for seniors; however, Medicare offers several affordable supplemental health care insurance policies for seniors as well. When choosing an affordable supplemental health care insurance plan for seniors, the goal is to choose a plan that isn't going to cost anymore than paying for the additional health care costs out-of-pocket would cost. Many seniors are on limited incomes as it is, so considering one of the plans Medicare offers is a good start.

Medicare plans include the original Medicare with Medicare Supplement plan; the Medicare Part D plan which offers prescription drug coverage; the managed care plan, which includes Health Maintenance Organizations (HMO), Preferred Provider Organizations (PPO), Health (Medical) Savings Accounts (HSA) and Private Fee-For-Service plans.

ggd 😊

Cut Roses For Valentine's Gifts

Valentine's Day is primarily a lovers' holiday, and red roses are traditionally for lovers. "Valentine roses" and "red roses" go hand in hand, even though other colors have their place on the holiday. Our close family

members may also be treated to red roses for Valentine's Day, but avoid giving red roses to friends on Valentine's Day -- that would simply convey the wrong meaning. Consider

the following popular roses, according to their color:

Red roses mean romantic love; they're the "Valentine roses," *par excellence!*

Purple signifies the giver has fallen in love with the recipient at first sight! **Coral** and **Orange** signal desire! Yellow signifies joy and friendship!

Pink expresses gratitude and appreciation!

Light Pink conveys feeling of admiration and/or sympathy. **Peach** can signify sympathy or gratitude.

White symbolizes purity, reverence and humility.

Black represents death and can thus be used as a symbol to express vengeance towards a foe. However, some may interpret a black rose as the death of old habits, thus signaling rebirth. Choose Wisely! ggd ☺

A Dog Named Sex! (From A Previous Dear Abby Column)

When I went to City Hall to renew my dog's license, I told the clerk I wanted a license for **Sex**. He said, "I'd like one, too!" Then I said, "But this is a dog." He said he didn't care what she looked like. Then I said, "You don't understand. I've had **Sex** since I was nine years old." He winked at me and said, "You must have been quite a kid."

When I got married and went on my honeymoon, I took my dog with me. I told the hotel clerk I wanted a room for my wife and me, and a special room for Sex. He said, "You don't need a special room for sex. As long as you pay your bill, we don't care what you do."

I said, "Look, you don't understand. **Sex** keeps me awake at night." The clerk said, "Funny, I have the same problem."

Well, one day I entered **Sex** in a contest, but before the competition began, the dog got loose and ran away. Another contestant asked me why I was just standing there, looking disappointed. I told him that I had planned to have **Sex** in the contest. He said,

"Wonderful! If you sell tickets, you'll clean up!"

"But you don't understand," I said. "I want to have **Sex** on TV." He said, "They already have that on cable. It's no big deal anymore."

Well, my wife and I decided to separate, so we went to court to fight for custody of the dog.

I said to the judge, "Your honor, I had **Sex** before I was married." The judge said, "This court is not a confessional. Please stick to the facts." Then I told him that after I was married, **Sex** left me. He said, "Me too."

Well, last night **Sex** ran away again, and I spent hours looking all over town for him. A cop came over to me and asked, "What are you doing in this alley at 4 o'clock in the morning?" I said, "I'm looking for **Sex**."

My case comes up on Friday. ggd ☺



"A Dog A Panic In A Pagoda"

What is the foundation for this statement?
Please e-mail your answer to gdavismail@gmail.com
The answer will appear in next month's newsletter!
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**** January 23, 2008:** Newly Elected Warner Robins Councilman **Thomas Simms, Jr** Will Present Information Regarding Senior Programs In Warner Robins.



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