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<< **BENEFITS (Continued): Telephone Assistance**

Benefit: Helps pay for the cost of basic local telephone services.

Who can apply: Qualified older adults with low incomes. You are automatically eligible if you are in one of the following programs: Bureau of Indian Affairs (BIA) General Assistance, Federal Housing Assistance/Section 8 Programs, Food Stamps, Low Income Home Energy Assistance Programs, Medicaid, Supplemental Security Income (SSI), and Tribally Administered Temporary Assistance for Needy Families (TANF).

How to apply: Call your local phone company and tell the sales department that you want to apply for **Link Up** or **Lifeline**. For more information, go to

www.lifelinesupport.org, and click on your state.

Supplemental Security Income (SSI)

Benefit: Monthly checks.

Who can apply: People who are 65 and older, are blind, have disabilities and have very low income and assets.

How to apply: You can find your local Social Security office by calling **1-800-772-1213** toll-free and telling the operator where you live. Or, you can log on to www.socialsecurity.gov and click on the Disability & SSI section. You must make an appointment at your local Social Security office to apply.

Help Buying Nutritious Food - Food Stamps

Benefit: An Electronic Benefit Transfer (EBT) card, similar to a debit card, that you can use like cash to pay for food at most grocery stores.

Who can apply: People with limited income and resources, especially people 60 and over. The program has been revised, so you may now be eligible, even if you did not qualify in the past. Find out today!

How to apply: Contact the Georgia Department of Human Resources Division of Family and Children Services toll-free at **1-800-869-1150** or **404-651-9361** or visit <http://dfcs.dhr.georgia.gov/portal/site/>

DHR-DFCS and select "Services" and "Food Stamps."

Please note that **income guidelines, eligibility requirements, and telephone numbers** are subject to change. Visit the **Benefits QuickLINK** website (www.aarp.org/quicklink) to find out if you qualify! [ggd](#) ☺

Choice

Sep 2009
Volume 13 - 9
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The Newsletter Of AARP Chapter 1952

Warner Robins, Georgia

"To Serve - Not To Be Served"

www.Choice1952.com

Meeting Dates/Time: **Wednesday, September 16th** (10:00 A.M.) and **Wednesday, October 28th** (10:00 A.M.)
Location: Wellston Center - 155 Maple Street | Warner Robins, GA 31093

Officers	Names	Telephone	Board Of Directors	Telephone
President	Frank Gadbois	953-7788	Ivis Bedrick	923-4533
Vice President	Bob Watson	228-1206	Phyllis Blount	956-4134
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Chaplain	Winona Smith	923-6997	Rosalie Montes	953-7524
Choice Editor/Typist	Greg Davis	318-0471	William Hancock	923-7312
			Nancy Harrison	922-1526

Birthdays For September

Greg Davis	1 st	Mary Lappano	1 st	Dore Montes	4 th	Agnes Partlow	6 th
Phyllis Blount	8 th	Ivis Bedrick	15 th	Harris McMillan	16 th	Donald Cunningham	19 th

Birthdays For October

Hugh Morris	1 st	Minel Ruth Lasley	11 th	Wilburn Hill	14 th	Jack Peck	18 th
Sara Holden	21 st	Frances Roland	25 th	Jane Speer	26 th		

WE CARE

*For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. **Ralph Waldo Emerson (1803-1882)** "Blessed are those who mourn, For they shall be comforted." **Matthew 5:4***



Jim and Edna were both patients in a mental hospital. One day while they were walking past the hospital swimming pool, Jim suddenly jumped into the deep end. He sank to the bottom of the pool and stayed there. Edna promptly jumped in to save him. She swam to the bottom and pulled Jim out. When the Head Nurse Director became aware of Edna's heroic act, she immediately ordered her to be discharged from the hospital, as she now considered her to be mentally stable. When she went to tell Edna the news she said, "Edna, I have good news and bad news. The good news is you're being discharged; since you were able to rationally respond to a crisis by jumping in and saving the life of another patient, I have concluded that your act displays sound mindedness. The bad news is, Jim, the patient you saved, hung himself in the bathroom with his bathrobe belt right after you saved him. I am so sorry, but he's dead." Edna replied, "He didn't hang himself, I put him there to dry. How soon can I go home?"

An elderly woman was telling her daughter about a date with a 90-year-old man. "Believe it or not, I had to slap his face three times!" said the woman. "Do you mean that old man got fresh with you?" the daughter asked in disgust. "Oh, no!" her mother explained, "I had to keep slapping his face to keep him awake!"

A panda walks into a restaurant, sits down and orders a sandwich. He eats the sandwich, pulls out a gun and shoots the waiter. As the panda stands up to go, the manager shouts, "Hey! Where are you going? You just shot my waiter and you didn't pay for your sandwich!" The panda yells back at the manager, "Hey man, I'm a PANDA! Look it up in the dictionary!" The manager opens his dictionary and sees the following definition for panda: "A tree dwelling marsupial of Asian origin, characterized by distinct black and white coloring. Eats shoots and leaves." Think About It For A few Moments ... [ggd](#) ☺

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AARP
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Editor's Notes: Newsletters will be available at our meetings and will continue to be mailed to our advertisers and sponsors. As we continue to update our membership roster please renew/update your membership ... still a "bargain" at only **\$5.00/year!** **Thank You Trudy Deep** for volunteering to manage our membership roster! Additionally, **Thank You Helen Daly** for your foundational support/service to keep our rosters updated!

For advertisers, your support of our newsletter is an exceptional value at only \$4.00/Month (**\$48.00/Year - Prorated**) and helps tremendously to offset printing/production costs. If **ANYONE** knows **SOMEONE** who may be interested in advertising in our newsletter please contact me!

As **your** Editor I'm open to suggestions for our newsletter! So please, keep your membership status/information current, get your newsworthy information and/or photographs to me as soon as possible and help me (us) get (and keep) new advertisers!

Please contact me at **478/318-0471** and/or via e-mail at **gdavismail@gmail.com!**

Sincerely,

Greg (Formerly Known As "Da Baby") Davis ggd ☺



Public Benefits That Can Help Georgians!

Did you know that the **AARP Foundation** is AARP's affiliated charity. Foundation programs provide security, protection and empowerment for older persons in need. Low-income older workers receive the job training and placement they need to re-join the workforce. Free tax preparation is provided for low-and moderate-income individuals, with special attention to those 60 and older. The Foundation's litigation staff protects the legal rights of older Americans in critical health, long-term care, consumer and employment situations. Additional programs provide information, education and services to ensure that people over 50 lead lives of independence, dignity and purpose. Foundation programs are funded by grants, tax-deductible contributions and AARP.

Here are a few of the many services/assistance available:

Paying for Health Care and Prescription Drugs - Medicare

Benefit: Health insurance that helps pay for preventive care, doctor visits, hospital stays and prescription drugs.

Who can apply: People who are 65 and older, and younger people with disabilities or kidney failure.

How to apply: You can find your local Social Security office by calling toll-free at **1-800-772-1213** and telling the operator where you live. You can also log on to **www.socialsecurity.gov** and click on the Medicare section. For information about the Medicare prescription drug coverage, call **1-800-MEDICARE** or log on to **www.medicare.gov**. For additional assistance, call the **GeorgiaCares Services**, also known as the **Georgia State Health Insurance Assistance Program (SHIP)**, toll-free at **1-800-669-8387** or **404-657-5334** or log on to the Division of Aging Services website at **http://aging.dhr.georgia.gov** and select "Services," "Elder Rights & Advocacy Programs," and "Georgia Cares."

Medicare Savings Programs

Benefit: Pays for some of the costs of Medicare, including the Part B premium, deductibles, and co-pays. How much you get depends on your income and assets.

Who can apply: People who get Medicare and earn around \$1,190 per month for one person, or \$1,595 per month for a married couple.

How to apply: For more information or to apply, contact **GeorgiaCares, Georgia's State Health Insurance Assistance Program (SHIP)** toll-free at **1-800-669-8387** or **404-657-5334**. Or, log on to the Division of Aging Services website at **http://aging.dhr.georgia.gov** and select "Services," "Elder Rights & Advocacy Programs," and "Georgia Cares."

Low Income Home Energy Assistance Program

Benefit: Pays heating and cooling bills, and some energy-related home repairs.

Who can apply: Low-income people with annual incomes less than \$15,315 for one person, or \$20,535 for two people.

How to apply: For additional information or application assistance call toll-free at **1-800-869-1150** or **404-651-9361**. Or, log on to **http://dfcs.dhr.georgia.gov** and select "Services" and "Energy Assistance."

SEE BENEFITS >>

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