them frequently.

more across the globe. Some grandparents have grandchildren nearby, so they get to see It is estimated that there are 70 to 80 million grandparents in the United States and millions

tor a special, mutually-beneficial intergenerational exchange of importance. somehow, that skipped-generation relationship between grandparent and grandchild can allow Is that the secret to a successful, fulfilling, long-lasting grandparent-grandchild relationship? Something as simple as making each other feel important? Indeed, I believe it is. And,

started wearing seatbelts, began to eat more healthy meals, and even stopped swearing! grandparents, many (grandparents) say their grandchildren are the reason they quit smoking, Grandchildren also have a positive influence on grandparents' lives. In focus groups with

grandparents feel important too!

sparkle and light up as bright as the hot Phoenix sun. It's very clear that grandchildren make Usually, when talking to a grandparent about their grandchildren it's easy to see their faces

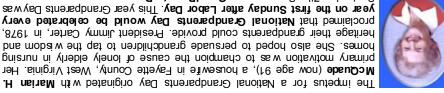
important. Some play games her grandchild likes to play - and don't always let them w in ... even if they have a competitive streak - which can be good! "Granny" also listens to her grandchildren and marveb at their talents and skills. And from conversation with her it is easy to see that she makes each of her grandchildren feel special! III tell you w hat's so special about grandparents like these: They make their grandchildren feel

What's so special about that?

a good feeling when she's with her. Hmmm. So just being excited to see her is enough? grandmother is always so excited to see her, no matter what else is going on, and she just gels O.K. - not bad. But she likes being with her grandmother better. Why? She said her A friend's 10-year-old daughter recently told her mom that spending time with her aunt was

Foundation's Grandparenting Program: The following is an adaptation of an article written by Amy Goyer, Director of the AARP

September 7th. Source: www.GrandParents-Day.com. year on the first Sunday after Labor Day This year Grandparents Daywas proclaimed that National Grandparents Day would be celebrated every heritage their grandparents could provide. President Jimmy Carter, in 1978, homes. She also hoped to persuade grandchildren to tap the wisdom and primary motivation was to champion the cause of lonely elderly in nursing



Have A "Grand" Day ... Everyday!

Greg (Formerly Known As "Da Baby") Davis ggd ©

I'm easy to contact ... 478/318-0471 and/or via e-mail at gdavismail@gmail.com!

information and/or photographs to me as soon as possible!

ye λοπι Eqitor I'm open to suggestions for our newsletter! So please get your newsworthy

Advertisement rates are ONLY \$4.00/Month (\$48.00/Year - Prorated)! businesses. If ANYONE is interested in advertising in our newsletter please contact me! Our newsletter - in addition to being online - is distributed to members, non-members and

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Evening Classes: Contact Paul Bennett at 478/783-1988 (Hawkinsville Number). AARP Defensive Driving Classes: Day Classes: Contact Lynn Partillo at 478/971-4473.

year! Thank you! ggd ©

of our local chapter but you are a member of AARP please consider joining us ... only \$5.00/ directory information (birthday, address/phone number, etc) current! If you are NOT a member And Privileges! Members: Please keep your dues (only \$5.00/year) and membership Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards

GRANDPARENTS (Continued)

Give a phone card that covers the cost of telephone calls to keep in touch. A phone call from Grandma and Grandpa on the day of a big game, a test or another important event in a grandchild's life can let them know they are important. And a phone call from grandchildren to say hello to grandparents is a special treat at any age.

Help grandchildren make a series of cards for grandparents. Get the cards ready and into stamped envelopes, and mail them once a week or once a month to facilitate ongoing

Create a memory book, memoir, scrapbook or family history. This is a great way to capture grandparent's lives for grandchildren to keep. Taking time to do this ensures that your grandchildren will always have a record of your family history or stories. There are many books on this purpose you can buy, or look for a Web site that offers a format and questions

Plan a family game night. Gather the whole family and play games that all generations can enjoy together. From throwing horseshoes to board games to video games like the Wii system, there are many games that are fun and encourage interaction. The best memories are made when laughing and having fun.

<u>Sign up for online interactive games</u>. There are many sites now on which grandparents and grandchildren can "virtually" meet and play games together. With the Web, even game players don't have to be in the same place!

Take a first step. If the grandparent-grandchild relationships in your family haven't been ideal. You can begin with small steps, such as a phone call, or sharing a meal.

If you receive an e-mail purporting to be sent by a U.S. District Court, ordering you to testify before a Grand Jury, delete it: You are not being served.

that provides a link with instructions to "download" the entire document." When the link is clicked, it unleashes a computer virus to capture sensitive data such as passwords.

What you need to do: Delete the e-mail without opening it or clicking on the link

The phony e-mail claims to originate from subpoena@uscourts.com - and many falsely claim to be served by "O'Mevely & Meyers," a slight misspelling of the international law firm of O'Melveny & Myers LLP. That firm has issued a warning on its website

Although riddled with other misspellings, the e-mail bears the U.S. Courts seal and a docket number and is authentic-looking enough that the FBI and U.S. Courts have issued warnings. Already, at least 1,800 e-mail recipients have clicked on the link, estimates VeriSign's iDefense Labs, a cybersecurity company.

In reality, federal and other courts do not issue subpoenas via e-mail; even if they did, their e-mail addresses end in .gov, not .com.lf you receive one of these e-mails, you can file a complaint with the Internet Crime Complaint Center (www.ic3.gov).

TROOPER AND SENIOR CITIZEN:

A senior citizen in Florida bought a brand new Mercedes convertible. He took off down the road, flooring it to 80 mph and enjoying the wind blowing through what little hair he had left on his head. "This is great," he thought as he roared down I-75. He pushed he pedal to the metal even more.



Then he looked in his rear view mirror and saw a highway patrol trooper behind him, blue lights flashing and siren blaring."I can get away from him with no problem' thought the man and he tromped it some more and flew down the road at over 100 mph. Then 110, 120 mph! Then he thought, "What am I doing? I'm too old for this kind

Meeting Dates/Time:

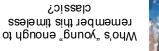
Wednesday, September 17th and Wednesday, October 22nd (10:00 A.M.) Location: Wellston Center

152 Maple Street | Warner Robins, GA 31093 of thing." He pulled over to the side of the road and waited for the trooper to catch up with him.

The trooper pulled in behind the Mercedes and walked up to the man "Sir" he said looking at his watch. "My shift ends in 30 minutes and today is Friday. If you can give me a reason why you were speeding that I've never heard before, I'll let you go."

The man looked at the trooper and said, "Years ago my wife ran off with a Florida State trooper, and I thought you were bringing her back."

The trooper replied, "Sir, have a nice day." ggd ©



Classic?



uyor

I.M.9 00:8 1s CONTACT ROSITA HUCKEA AT 478/987-7220 ** November's meeting will be on the third Wednesday, Nov 19th. The Christmas Party will be Friday, December 12th OCTOBER 3RD) BRING TO 103 BRIARMOOR DRIVE (WARNER ROBINS)! TEMS SO PLEASE BRING THEM TO SEPTEMBER'S MEÉTING OR (BY to share with other members. Yard Sale (First Week In October). ** WE NEED September's meeting will be covered dish luncheon. Bring one of your favorite dishes President's Corner: ** Please bring giff items for each month's meeting!**

1882) "Blessed are those who mourn, For they shall be comforted." Matthew 5:4 For love and friends, For everything Thy goodness sends. Ralph Waldo Emerson (1803-For each new morning with its light, For rest and shelter of the night, For health and food,

ME CARE

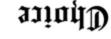
Sara Holden	21st Frances Rol	pue	52 th	Jane Speer	59
Hugh Morris	1st Minel Ruth L	аѕІеу	աԼԼ	ласк Реск	ч81
Birthdays For October					
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wolths9 eangA	6 th Myrtice Mit	pchell	ч19	Phyllis Blount	ч18
Greg Davis	1st Mary Lapp	oue	₽sr	Dore Montes	417
Birthdays For September					
			Maure	en Echols	0909-896
Choice Editor/Typist	Greg Davis	1740-818	Betty I	Lou Lovain	4777-S29
Chaplain	Winona Smith	7669-626	silly49	Blount :	t21t-996
Treasurer	Nancy Harrison	922-1526	Suzan	ine Burgess	922-2003
Secretary	Nis Bedrick	923-4533	Grace	Jordan	929-2202
Vice President	Allison Caruso	923-7219	How at	rd Jordan	929-2202
President	John Echols	0909-896	Rosita	нискеря Нискеря	987-7220
Officers	Names	Telephone	Board	Of Directors	Telephone

Location: Wellston Center - 152 Maple Street | Wamer Robins, GA 31093 Meeting Dates/Time: Wednesday, September 17th and Wednesday, October 22nd (10:00 A.M.)

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