

Choice
 September 2008
 Volume 12 - 9 Monthly
ARP
The power to make it better.
Chapter 1952
 P.O. Box 7481
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The Newsletter Of ARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"
 www.Choice1952.com

Meeting Dates/Time: **Wednesday, September 17th** and **Wednesday, October 22nd** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

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Birthdays For September				
4 th	1 st	Mary Lappano	Dore Montes	
6 th	6 th	Myrice Mitchell	Phyllis Blount	
8 th	15 th	Harris McWilliam		
16 th	14 th	Wis Bedrick		
19 th	19 th	Raymond Broom	Mildred Norris	
29 th	1 st	Minel Ruth Lasley	Jack Peck	
18 th	21 st	Frances Roland	Jane Speer	
26 th				

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19 th	19 th	Raymond Broom	Mildred Norris	
29 th	1 st	Minel Ruth Lasley	Jack Peck	
18 th	21 st	Frances Roland	Jane Speer	
26 th				

For each new morning with its light, For rest and shelter of the night, For health and food,
 For love and friends, For everything Thy goodness sends. **Ralph Waldo Emerson (1803-1882)**
 "Blessed are those who mourn, For they shall be comforted." **Matthew 5:4**

President's Corner: ** Please bring gift items for each month's meeting! **
 September's meeting will be covered dish luncheon. Bring one of your favorite dishes to share with other members. **Yard Sale (First Week in October)**. ** WE NEED ITEMS SO PLEASE BRING THEM TO SEPTEMBER'S MEETING OR (BY OCTOBER 3RD) BRING TO 103 BRIARMOOR DRIVE (WARNER ROBINS)! CONTACT ROSITA HUCKEBA AT 478/987-7220 ** **November's** meeting will be on the third Wednesday, **Nov 19th**. **The Christmas Party will be Friday, December 12th at 5:00 P.M.**
 John



Who's "young" enough to remember this timeless classic?

A friend's 10-year-old daughter recently told her mom that spending time with her aunt was O.K. - not bad. But she likes being with her grandmother better. Why? She said her grandmother is always so excited to see her, no matter what else is going on, and she just gets a good feeling when she's with her. Hmm. So just being excited to see her is enough? What's so special about that?

Ill tell you what's so special about grandparents like these: They make their grandchildren feel important. Some play games her grandchild likes to play - and don't always let them win. ... even if they have a competitive streak - which can be good! "Granny" also listens to her grandchildren and marvels at their talents and skills. And from conversation with her it is easy to see that she makes each of her grandchildren feel special!

Usually, when talking to a grandparent about their grandchildren it's easy to see their faces sparkle and light up as bright as the hot Phoenix sun. It's very clear that grandchildren make grandparents feel important too!

Grandchildren also have a positive influence on grandparents' lives. In focus groups with grandparents, many (grandparents) say their grandchildren are the reason they quit smoking, started wearing seatbelts, began to eat more healthy meals, and even stopped swearing!

Is that the secret to a successful, fulfilling, long-lasting grandparent-grandchild relationship? Something as simple as making each other feel important? Indeed, I believe it is. And somehow, that skipped-generation relationship between grandparent and grandchild can allow for a special, mutually-beneficial intergenerational exchange of importance.

It is estimated that there are 70 to 80 million grandparents in the United States and millions more across the globe. Some grandparents have grandchildren nearby, so they get to see them frequently.

The following is an adaptation of an article written by Amy Goyer, Director of the AARP Foundation's Grandparenting Program.

McQuade (now age 91), a housewife in Fayette County, West Virginia. Her primary motivation was to champion the cause of lonely elderly in nursing homes. She also hoped to persuade grandchildren to tap the wisdom and heritage their grandparents could provide. President Jimmy Carter, in 1978, proclaimed that **National Grandparents Day would be celebrated every year on the first Sunday after Labor Day**. This year Grandparents Day was September 7th. Source: www.GrandParents-Day.com



Have A "Grand" Day ... Everyday!

Greg (Formerly Known As "Da Baby") Davis ggd ©

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As **your** Editor I'm open to suggestions for our newsletter! So please get your newsworthy information and/or photographs to me as soon as possible!

I'm easy to contact ... **478/318-0471** and/or via e-mail at gddavismail@gmail.com

Sincerely,

Editor's Notes

ARP Defensive Driving Classes: Day Classes: Contact Lynn Partilo at 478/971-4473. **Evening Classes:** Contact Paul Bennett at 478/783-1988 (Hawkinsville Number).

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/year! Thank you! ggd ©

GRANDPARENTS (Continued)

Give a phone card that covers the cost of telephone calls to keep in touch. A phone call from Grandma and Grandpa on the day of a big game, a test or another important event in a grandchild's life can let them know they are important. And a phone call from grandchildren to say hello to grandparents is a special treat at any age.

Help grandchildren make a series of cards for grandparents. Get the cards ready and into stamped envelopes, and mail them once a week or once a month to facilitate ongoing interaction.

Create a memory book, memoir, scrapbook or family history. This is a great way to capture grandparent's lives for grandchildren to keep. Taking time to do this ensures that your grandchildren will always have a record of your family history or stories. There are many books on this purpose you can buy, or look for a Web site that offers a format and questions to ask.

Plan a family game night. Gather the whole family and play games that all generations can enjoy together. From throw ing horseshoes to board games to [video games](#) like the [Wii system](#), there are many games that are fun and encourage interaction. The best memories are made when laughing and having fun.

Sign up for online interactive games. There are many sites now on which grandparents and grandchildren can "virtually" meet and play games together. With the Web, even game players don't have to be in the same place!

Take a first step. If the grandparent-grandchild relationships in your family haven't been ideal. You can begin with small steps, such as a phone call, or sharing a meal.

Got a Subpoena in Your E-Mail? Hit Delete
 If you receive an e-mail purporting to be sent by a U.S. District Court, ordering you to testify before a Grand Jury, delete it. You are not being served.

Rather, this online hoax—reportedly sent to tens of thousands of people last week—is a phishing scam that provides a link with instructions to "download the entire document." When the link is clicked, it unleashes a computer virus to capture sensitive data such as passwords.

What you need to do: Delete the e-mail without opening it or clicking on the link. The phony e-mail claims to originate from subpoena@uscourts.com - and many falsely claim to be served by "O'Mevely & Meyers," a slight misspelling of the international law firm of O'Melvery & Myers LLP. That firm has issued a warning on its website.

Although riddled with other misspellings, the e-mail bears the U.S. Courts seal and a docket number and is authentic-looking enough that the FBI and U.S. Courts have issued warnings. Already, at least 1,800 e-mail recipients have clicked on the link, estimates VeriSign's iDefense Labs, a cybersecurity company.

In reality, federal and other courts do not issue subpoenas via e-mail; even if they did, their e-mail addresses end in .gov, not .com. If you receive one of these e-mails, you can file a complaint with the Internet Crime Complaint Center (www.ic3.gov).

TROOPER AND SENIOR CITIZEN:

A senior citizen in Florida bought a brand new Mercedes convertible. He took off down the road, flooring it to 80 mph and enjoying the wind blowing through what little hair he had left on his head. "This is great," he thought as he roared down I-75. He pushed the pedal to the metal even more.

Then he looked in his rear view mirror and saw a highway patrol trooper behind him, blue lights flashing and siren blaring. "I can get away from him with no problem" thought the man and he tromped it some more and flew down the road at over 100 mph. Then 110, 120 mph! Then he thought, "What am I doing? I'm too old for this kind of thing." He pulled over to the side of the road and waited for the trooper to catch up with him.

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The trooper pulled in behind the Mercedes and walked up to the man. "Sir," he said, looking at his watch. "My shift ends in 30 minutes and today is Friday. If you can give me a reason why you were speeding that I've never heard before, I'll let you go."

The man looked at the trooper and said, "Years ago my wife ran off with a Florida State trooper, and I thought you were bringing her back."

The trooper replied, "Sir, have a nice day." **ggd ©**

