

were not sufficient for the agency to find that these ingredients are Generally Recognized as Safe and Effective (GRAS/GRAE).”

Differences Between Antibiotics And Antiseptics

Both, antibiotics and antiseptics, are chemical substances that prevent the growth and development of the microorganisms, but **antibiotics** are effective only against bacteria while **antiseptic** acts against a wide range of microorganisms. These two terms are confusing since they share some similar characteristics, but they do differ in many ways.

Antibiotics - Are chemical substances that kill and stop the growth of **bacteria**. They act by interfering with the cell wall synthesis and nucleic acid metabolism, and by inhibiting protein synthesis.

They are broadly classified as bacteriostatic, which acts primarily by inhibiting bacterial multiplication, and bactericidal, which acts primarily by killing the bacteria. Antibiotics are used to deal with systemic infections, post-operative infections, and during surgical procedures. The administration of the antibiotics are oral, while intravenous and intramuscular routes are used in the case of severe infections, septicemia and in instances where the gastro intestinal system is compromised so that the absorption is poor.

Antiseptics - Prevents the growth and development of the microorganisms without necessarily killing them. They can be topical agents that are used to apply the skin, mucus membranes and intimate objects or can be internally used agents such as urinary tract antiseptics. Because of its anti-infective effect, they are widely used in cleaning of skin and wound surfaces, preparation of skin prior to surgical procedures, for good oral hygiene, disinfection of intimate objects including furniture and instruments.

Be Informed! Additional information available at www.FDA.gov, www.NPR.org, www.WashingtonPost.com and **various internet websites!** **ggd** 😊



Choice

The Newsletter Of AARP Chapter 1952
(Houston County, Georgia)
— Established November 7, 1974 —
www.AARPChapter1952.org

September 2017
Volume 21 - 9
Monthly



Meeting Dates/Time: **Wednesday, September 20th** (10:00 a.m.) and **Wednesday, October 25th** (10:00 a.m.)
Location: Wellston Center - 155 Maple Street | Warner Robins, GA 31093

Officers	Names	Telephone	Board Of Directors	Telephone
President	Greg Davis	318-0471	Susan Sanders (Chairperson)	283-1887
Vice President	Frank Gadbois	953-7788	Sue Braun	302-5095
Secretary	James Erdmanczyk	(678) 246-4219	Catherine Butler	(803) 614-9620
Treasurer	Benedicta Edge	333-2310		
“Choice” Editor	Greg Davis	318-0471		

Birthdays For September ** Nonagenarian

Greg Davis	1 st	Mary Lappano **	1 st	Phyllis Blount	8 th	Charles Bell **	9 th
Benedicta Edge	10 th	Ivis Bedrick **	15 th	Herminia McMahon	23 rd	Mr. Bell - Rest In Peace (8/30/2017)	



Birthdays For October

Carol Davis	16 th	Sherry Nichols	30 th
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WE CARE

For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. **Ralph Waldo Emerson (1803-1882)**. “Blessed are those who mourn, For they shall be comforted.” **Matthew 5:4 NKJV**

Sick/Shut-Ins: Suzanne Burgess, Ivis Bedrick, Ruth Davis, Trudy Deep, Maureen Echols, Jeanine Frey and Mary Lappano. We wish health/wellness to all past/current members, family members and friends. **ggd** 😊

Highlights From The August 2017 Meeting: Guest Speaker - **Kelvin Collins/CEO** Better Business Bureau (BBB) Fall Line Corridor - shared latest scams/issues targeted to seniors and general public. Included are foreign lotteries, home repair, telemarketing, phishing, computer (callers impersonate representatives of well-known technology companies and convince victims to allow remote access to their home computers to check for problems then charge fees to remove purported electronic viruses), healthcare, IRS and many “others!” Elder abuse and identity theft are also hot topics.

The BBB sets standards for ethical business behavior, monitors compliance and helps consumers identify trustworthy businesses. Locally, questions or complaints about a specific company or charity should be referred directly to www.CentralGeorgia.BBB.org or by emailing info@centralgeorgia.bbb.org.

Welcome new members: **John George, Cecelia Thompson, Alisha Singh and Hari Singh!** **ggd** 😊



Activities (September 1, 2017) included reading to our “Adopted School” - **C.B. Watson Primary School!** Thank You (Volunteer) Readers: **Alisha Singh, James Erdmunczyk, Nancy Hardin, Jerimiah Thompson and Greg Davis!** Future reading opportunities are: **Thursday, October 5th, Thursday/Friday (November 2nd/3rd and Friday, December 1st**. Please contact me to add **your name** as a volunteer reader! **ggd** 😊

***** Business Meeting - Third Monday | 11/20/2017 *****

***** Officers/Board Of Directors Meeting @ 9:15 a.m. *****
* Everyone - Please Bring This Newsletter With You To Our Meeting And Bring/Invite A Friend! *

Wednesday - September 20, 2017 | 10:00 a.m. - Noon
Ken Smith/District Manager | Walgreens - Central Georgia
NOTE: Meeting Third Wednesday Due To Georgia Golden Olympics



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P.O. Box 7481
Warner Robins, GA 31095
www.AARPChapter1952.org
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Chapter 1952
(Houston County, Georgia)



Members: Please UPDATE your local (Chapter 1952) membership ... still a "bargain" at only \$5.00/Year!
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Thank You Advertisers For Your Advertisement Renewals!

Thank You ... Thank You ... Thank You!

ALL: As Chapter President and Editor I'm open to suggestions for our newsletter!

So please, keep your membership status/information current and get your newsworthy information and/or photographs to me as soon as possible!

Sincerely,

Greg Davis ggd ☺ Tel: 478/318-0471 | E-Mail: gdavismail@gmail.com!



"Relevance!"

AARP Chapter 1952 ... We ARE "Forever Young!"

NOTE: With the exception of **November, December** and "special events," our (monthly) meetings are held on the **fourth (4th) Wednesday**. As such, the newsletter is (usually) printed/mailed the third (3rd) Tuesday or Wednesday. We're **ALWAYS** "early" for the following month's special days/celebrations and SOMETIMES we're "early" for the current month's special days/celebrations as well. **2017 Meetings/Events:**

1/25/17 - Rebuilding Together Warner Robins ... [CHECK]

2/22/17 - The Otis Redding Foundation ... [CHECK]

3/22/17 - Wesleyan College/Confucius Institute ... [CHECK]

4/26/17 - SPRING-O-O-O At Antebellum Grove [CHECK]

5/24/17 - Ortho Georgia (Change) ... [CHECK]

6/28/17 - Summer Picnic/Membership Drive | Easter Seals of Middle Georgia [CHECK]

7/26/17 - Habitat For Humanity (Houston County) [CHECK]

8/23/17 - BBB Central Georgia [CHECK]

9/20/17 (Third Wednesday) | Walgreens

10/25/17 - Cherished Children (Warner Robins)

11/20/17 (Third Monday) | Business Meeting/Phoenix Center

12/18/17 (Third Monday) | Christmas Meeting/TBA

Charles T. Bell, Sr.

September 9, 1918 - August 30, 2017



On August 30, 2017, after a long and robust life, **Charles Timothy Bell, Sr.**, departed this life. He was a kind and gentle man whose unfaltering devotion to his family and friends is the true legacy of any man.

Please visit www.MrBell.ZohoSites.com for Obituary/Guestbook Information. ggd ;(



FDA's Final Rule On Antibacterial Soaps Bans 19 Ingredients | U.S. Food And Drug Administration | September 7, 2016

Nineteen ingredients commonly used in antibacterial soaps and washes, including two suspected endocrine disruptors linked to reproductive and developmental harm, are being phased out with the publication of a new federal rule.

☺ Check out our website - www.AARPChapter1952.org - and enjoy the newsletters in full COLOR! ggd

In announcing the rule, the Food and Drug Administration reassured consumers that there are still effective measures to prevent the spread of germs, including foodborne pathogens.

"Washing with plain soap and running water remains one of the most important steps consumers can take to avoid getting sick and to prevent spreading germs to others," FDA reports.

Companies have a year to get the 19 ingredients out of over-the-counter antiseptic wash products, according to the rule. The agency has been mulling the mandate for decades, having issued a Tentative Final Monograph in June 1994.

The most commonly used of the 19 ingredients — **triclosan** and **triclocarban** — are of such concern to some that they were at the heart of a 2010 civil suit filed by the Natural Resources Defense Council. At that time, the organization asked the U.S. District Court for the Southern District of New York to order FDA to issue a final rule regulating the two chemicals.

"Companies will no longer be able to market antibacterial washes with these ingredients because manufacturers did not demonstrate that the ingredients are both safe for long-term daily use and more effective than plain soap and water in preventing illness and the spread of certain infections," according to a news release from FDA.

About 40 percent of the soap products currently available have one or more of the banned ingredients, according to an FDA spokeswoman who participated in a conference call with media representatives.

The rule does not apply to hand sanitizers or wipes that don't require the use of water or to antibacterial products used in health care settings. It does apply to liquid soaps, bar soaps and body washes that are intended to be used with water and require rinsing, are marketed for antibacterial properties, and include any of the 19 ingredients specified in the rule.

"Consumers may think antibacterial washes are more effective at preventing the spread of germs, but we have no scientific evidence that they are any better than plain soap and water," said Janet Woodcock, director of FDA's Center for Drug Evaluation and Research, in the news release. "In fact, some data suggests that antibacterial ingredients may do more harm than good over the long-term."

The agency issued a proposed rule in 2013 after some data suggested that long-term exposure to certain active ingredients used in antibacterial products could pose health risks, such as bacterial resistance or hormonal effects.



The 19 banned ingredients are:

Cloflucarban | **Fluorosalan** | **Hexachlorophene** | **Hexylresorcinol** | **Iodophors**, which are iodine-containing ingredients | **Iodine complex**, which is ammonium ether sulfate and polyoxyethylene sorbitan monolaurate | **Iodine complex** of phosphate ester of alkylaryloxy polyethylene glycol | **Nonylphenoxypoly**, or ethyleneoxy, ethaniodine | **Poloxamer**, an iodine complex of Povidone-iodine 5 percent to 10 percent | **Undecoylium chloride iodine complex**

Methylbenzethonium chloride | **Phenol greater than 1.5 percent** | **Phenol less than 1.5 percent** | **Secondary amylicresols** | **Sodium oxychlorosene** | **Tribromsalan** | **Triclocarban** | **Triclosan** | **Triple dye**

The FDA's 2013 proposed rule also required manufacturers to provide data on the safety and effectiveness of certain ingredients if they wanted to continue using the substances.

"This included data from clinical studies demonstrating that these products were superior to non-antibacterial washes in preventing human illness or reducing infection," according to FDA.

"Antibacterial hand and body wash manufacturers did not provide the necessary data to establish safety and effectiveness for the 19 active ingredients addressed in this final rulemaking. For these ingredients, either no additional data were submitted or the data and information that were submitted

"Think joining AARP makes you old? Get over it."



AARP National + AARP Chapter 1952