

Choice
 October 2008
 Volume 12 - 10 Monthly

AARP
The power to make it better.
Chapter 1952

P.O. Box 7481
 Warner Robins, GA 31095
 www.Choice1952.com
 Tel: 478/953-5060

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Officers	Names	Telephone	Board Of Directors	Telephone
President	John Echols	953-5060	Rosita Huckeba	987-7220
Vice President	Allison Caruso	923-7219	Howard Jordan	929-2202
Secretary	Wis Bedrick	923-4533	Grace Jordan	929-2202
Treasurer	Nancy Harrison	922-1526	Suzanne Burgess	922-2003
Chaplain	Winona Smith	923-6997	Phyllis Blount	956-4134
Choice Editor/Typist	Greg Davis	318-0471	Betty Lou Lovain	922-7774
			Maureen Echols	953-5060

MEGARE

18 th	1 st	Minel Ruth Lasley	1 st	Jack Peck
1 st	21 st	Frances Roland	25 th	Jane Speer
26 th				
4 th	4 th	Doreen Newlin	5 th	Suzanne Baer
7 th	7 th	Lena Farr	10 th	Agnes Bell
14 th				
15 th	15 th	Sam Hendry	20 th	William Hyslip
22 nd				
25 th	25 th	Jean Tucker	27 th	

Are You Registered To Vote? Do You Need An Absentee Ballot? What About Early Voting? Houston County Residents Contact:
 Houston County Board of Elections And Registration
 801 Main Street, Room 237
 P.O. Box 945
 Perry, GA 31069
 Telephone: (478) 987-1973
 Fax: (478) 988-0699

Get *the* facts. Use *the* power.
VOTE!
 For information about where the candidates stand on the issues please visit their websites:
 John McCain (R) www.johnmccain.com
 Barack Obama (D) www.barackobama.com

Election Day Is Tuesday November 4, 2008!

Christmas Party will be Friday, December 12th at 5:00 P.M.

For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. Ralph Waldo Emerson (1803-1882)
"Blessed are those who mourn, For they shall be comforted." Matthew 5:4

Birthdays For November

Birthdays For October

Birthdays For November

Officers

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Volume 12 - 10 Monthly

Choice
 October 2008
 Volume 12 - 10 Monthly

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Volume 12 - 10 Monthly

Choice
 October 2008
 Volume 12 - 10 Monthly

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Volume 12 - 10 Monthly

Choice
 October 2008
 Volume 12 - 10 Monthly

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Volume 12 - 10 Monthly

Choice
 October 2008
 Volume 12 - 10 Monthly

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Volume 12 - 10 Monthly

Choice
 October 2008
 Volume 12 - 10 Monthly

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Volume 12 - 10 Monthly

Choice
 October 2008
 Volume 12 - 10 Monthly

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Volume 12 - 10 Monthly

Choice
 October 2008
 Volume 12 - 10 Monthly

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

Meeting Date/Time: **Wednesday, October 22nd** and **Wednesday, November 19th** (10:00 A.M.)
 Location: Wellston Center - 152 Maple Street | Warner Robins, GA 31093

Volume 12 - 10 Monthly

Choice
 October 2008
 Volume 12 - 10 Monthly

The Newsletter Of AARP Chapter 1952
 Warner Robins, Georgia
 "To Serve - Not To Be Served"

SEE DNA >>

A few years ago, I started hearing sensational tales of people who took DNA tests and made astonishing discoveries about their backgrounds ... whites who discovered black ancestors, blacks who discovered Native American ancestors and so on.

Everyone who sets out in search of roots will come to a point where he or she just cannot track down that next great-great-grand-somebody-or-other. My wall was the Atlantic Ocean. I was able to track down lots and lots of ancestors in America; in Europe, not so much. Those forebears' birth, marriage, and death records may have existed once, but in the course of two world wars, the Russian Revolution, and seven decades of communism, they seem to have been misplaced.

Frustated, I posted some questions on genealogy websites, in the hope that some distant cousin might read them. No such luck. My questions are still sitting up there, sad and unanswered. But technology had other things in store. At the same time the Internet was blossoming, tremendous strides were also being made in the field of genetics. One day a man - a genealogist who had run up against his own wall - hit upon the notion of marrying the Internet with the genetic science, and in doing so transformed genealogy, and the very notion of family, forever.

Welcome to the astonishing, edifying, and sometimes perplexing world of tracing your roots using DNA. Just swab the inside of your cheek and you can learn some amazing and even life-changing things about yourself and your family ... even if they're not the things you were hoping to learn. You could learn that you are descended from Moses' brother, Aaron, for instance. Or maybe Genghis Khan.

How the new DNA technology can solve mysteries in your family tree... and help you discover *relationships you never knew you had*. I recently received an e-mail from a cousin of mine out on Long Island - who was writing to invite me to a family reunion. It was as an offer I couldn't resist, even though, as family reunions go, this one is a bit unusual. For one fact, though I know for certain that he and I are related, I don't know exactly how. Neither does he. For that matter, the entire family gathering is composed of people who know we are related, but little else. The guest list isn't set ... actually, it's growing all the time but that's okay, because we don't have to rent a space, or figure out how much potato salad to make. This reunion, you see, is happening online. It's virtual and perpetual.

NOTE: I've always been fascinated with the history and genealogy. This is a condensed article by **Richard Rubin** from the online version of AARP - The Magazine. I hope you enjoy it and gain new insight about how we're all "related" in spite of visible/physical "differences" ggd ©

Are You My Cousin?

Greg (Formerly Known As "Da Baby") Davis ggd ©

Sincerely,

I'm easy to contact ... **478/318-0471** and/or via e-mail at **gdavismail@gmail.com**

As **your** Editor I'm open to suggestions for our newsletter! So please get your newsworthy information and/or photographs to me as soon as possible!

Our newsletter - in addition to being online - is distributed to members, non-members and businesses. If **ANYONE** is interested in advertising in our newsletter please contact me!

Advertisements rates are **ONLY \$4.00/Month (\$48.00/Year - Prorated)**

We're able to provide our newsletter from the support of advertisers. We sincerely appreciate all advertisers (past and present) and - with **everyone's** assistance - we'll get (and keep) new advertisers as well!

Editor's Notes

AARP Defensive Driving Classes: Day Classes: Contact Lynn Partilo at 478/971-4473.
Evening Classes: Contact Paul Bennett at 478/783-1988 (Hawkinsville Number).

year! Thank you! ggd ©

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/

Attention Readers Of This Newsletter: "Local Chapter Membership" Has Its Rewards **And Privileges!** Members: Please keep your dues (only \$5.00/year) and membership directory information (birthday, address/home number, etc) current! If you are NOT a member of our local chapter **but** you are a member of AARP please consider joining us ... only \$5.00/



The people we are closest to, and spend the most time with, influence who we are; that should come as no surprise. But your friends may have much more of an impact on your health than you realized. If you struggle to lose weight, or want to gain insight into your health, start by taking a look at your closest friends.

Recently, researchers looked deeper into the connection between social circles and people's weight. What they found is that your best friend's weight will likely determine whether you will gain or lose weight over the years. Some even say that you will likely weigh within ten pounds of the person you are closest to.

Having friends who are overweight should not be a reason for you to blame them for your own weight gain. Everyone has to take responsibility for the choices they make, and the lifestyle they live. If you and your close friend are both overweight, use it as an opportunity to set goals together that you can both work toward! **ggd** ©

Meeting Dates/Time:
Wednesday, October 22nd and
Wednesday, November 19th (10:00 A.M.)
 Location: Wellston Center
 152 Maple Street | Warner Robins, GA 31093

NON-PROFIT ORG
 US POSTAGE
 PAID
 Warner Robins, GA
 PERMIT NO. 43