



### Thanksgiving — Did You Know Trivia!

**Did you know** that there is no historical evidence that the first Thanksgiving included turkey, which is, of course, the centerpiece of today's Thanksgiving meal. There was, however, mention of wild turkeys in a book written by Pilgrim Governor Bradford.

**Did you know** that for many **Native American** people, Thanksgiving is cause for mourning rather than celebration? Although the First Thanksgiving included the Pilgrims' **Native American** neighbors, that spirit of cooperation did not last long between the native people and the colonists. The land and lives of the native people were pillaged and destroyed countless times during the early history of the United States of America. Racism and bigotry persist until this day. As a result, Thanksgiving has taken on greater historical significance for many **Native Americans**, who view that First Thanksgiving as the beginning of centuries of oppression and discrimination.

**Did you know** that US Presidents issue an annual Thanksgiving Proclamation declaring the 4th Thursday of November as Thanksgiving? While President George Washington was the first US President to issue a Thanksgiving Proclamation, not all following Presidents followed the custom. In 1863 President Abraham Lincoln proclaimed a national Thanksgiving Day to be celebrated on the final Thursday of November. In 1939 President Franklin D. Roosevelt declared that Thanksgiving would be celebrated

on the fourth Thursday in November and in 1941 the US Congress passed a law officially establishing the celebration of Thanksgiving as the fourth Thursday in November.

**Did you know** that it is tradition for US Presidents to issue a pardon to the White House Thanksgiving Turkeys? Since about 1947 the National Turkey Federation has presented the President of the United States with one (and in recent years - two) live turkey(s) in a ceremony known as the National Thanksgiving Turkey Presentation. The live turkeys are pardoned and live out the rest of their days on a farm or, since 2005, sent to either Disneyland in California or Walt Disney World in Florida, where they serve as the honorary grand marshals of Disney's Thanksgiving Day Parade. While it is commonly believed that this pardoning tradition began with President Harry Truman in 1947, the Truman Library has been unable to find any evidence for this. The earliest Thanksgiving Presidential Pardon on record is with President George H. W. Bush in 1989.

**Did you know** that Black Friday -- the day after Thanksgiving, which is widely touted as the biggest Christmas shopping day in America -- is actually not the biggest shopping day? In fact, the Saturday before Christmas has historically been the largest volume shopping day. Black Thursday ranks anywhere from second to fifth in Christmas shopping days.

**Now you know!** For additional "Thanksgiving - Did You Know" trivia visit <http://www.holidays.net/thanksgiving/didyouknow.htm> **ggd** ☺

November's Guest Speaker: Franki Hodge (Owner/Travel Guide) - Middle Georgia memory Makers

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# Choice

November 2010  
Volume 14 - 11  
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The Newsletter Of AARP Chapter 1952

Warner Robins, Georgia  
"To Serve - Not To Be Served"  
[www.Choice1952.com](http://www.Choice1952.com)

Meeting Dates/Time: **Wednesday, November 17<sup>th</sup>** (10:00 A.M.) and **Wednesday, December 15<sup>th</sup>** (10:00 A.M.)  
Location: Wellston Center - 155 Maple Street | Warner Robins, GA 31093

Officers	Names	Telephone	Board Of Directors	Telephone
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			Rosalie Montes	953-7524

### Birthdays For November

Doreen Newlin	5 <sup>th</sup>	Suzanne Baer	6 <sup>th</sup>	Lena Farr	10 <sup>th</sup>	Agnes Bell	14 <sup>th</sup>
Sam Hendry	20 <sup>th</sup>	William Hyslip	22 <sup>nd</sup>				

### Birthdays For December

Nancy Harrison	3 <sup>rd</sup>	Alexandra Talley	7 <sup>th</sup>	Betty Lou Lovain	10 <sup>th</sup>	Becky Kling	16 <sup>th</sup>
William Hancock	17 <sup>th</sup>	Ernest Braun	24 <sup>th</sup>	John Micek	26 <sup>th</sup>	Jan Rachels	31 <sup>st</sup>

### WE CARE

For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. **Ralph Waldo Emerson (1803-1882)** We Cherish The Memories Of: **Sara Holden, Thelma Padgett and Leon Leonard.** "Blessed are those who mourn, For they shall be comforted." **Matthew 5:4 NKJV**

### Highlights From October's Meeting:

**Lynn Cochran** (Houston Medical Center - HMC) shared with us various programs offered by the Houston Medical Center. Programs include General Health/Wellness, SeniorCare, Community CPR, Accident Prevention, Diabetes Management, Asthma Education and Support Groups. For additional information contact HMC at 478/923-9771 or visit the HMC website at [www.hhc.org](http://www.hhc.org).



**2011 Officers Announced!** Congratulations to **Trudy Deep, Jeanine Frey, Ivis Bedrick** and **John Echols** ... AARP Chapter 1952's 2011 Officers!

**Christmas Luncheon:** Wednesday - December 15, 2010 (10:00 A.M. - 12:00 P.M.). Covered dish and musical entertainment by **The Granthams.** **ggd** ☺



Veterans Day is a day we pause to give thanks to the people who fought for the things we have

**Editor's Notes: UPDATE YOUR LOCAL (Chapter 1952) MEMBERSHIP - STILL A "BARGAIN" AT \$5.00/YEAR!**

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Please contact me at **478/318-0471** and/or via e-mail at **gdavismail@gmail.com!**

Sincerely,

**Greg (Formerly Known As "Da Baby") Davis** 

**Medicare Premiums For 2011**

*Premiums frozen next year for many Medicare beneficiaries but hiked for others.* Source: AARP Bulletin (November 5, 2010)

Most people in Medicare will pay the same Part B premiums next year as they did this year. But others — including boomers who will be getting Medicare for the first time in 2011 — will pay higher monthly amounts. In addition, beneficiaries with high incomes will begin paying more for Part D prescription drug coverage in 2011.

The new premium amounts, recently announced yesterday by the Centers for Medicare & Medicaid Services ([www.cms.gov](http://www.cms.gov)), reflect how a variety of circumstances now determines what people pay for Part B, which covers doctors' visits and other outpatient services — a far cry from the years before 2007 when everybody in Medicare paid the same premium.

There will be three "standard" Part B premium levels next year, a situation brought about by the freezing of Social Security cost-of-living adjustments in 2010 and 2011. Under existing law, when Cost Of Living Allowances (COLA) do not rise, standard Part B premiums must be frozen too — but only for people whose premiums are deducted from their Social Security checks. This means that in 2011 many people will pay the same premiums as they did in 2009 or 2010, but others will pay the new higher standard amount for 2011.


In addition, people with high incomes pay higher (non-standard) premiums for Part B coverage, under a law that went into effect in 2007. Starting in 2011, under a provision of the new health care law, people in the same income brackets will also pay a surcharge for Part D drug coverage on top of their drug plan's regular premiums.

The following are the premiums you can expect to pay in 2011, according to your circumstances:


- If you pay \$96.40 a month for Part B in 2010, you'll pay the same in 2011.
- If you pay \$110.50 a month in 2010, and your Part B premiums are deducted from your Social Security checks, you'll pay the same in 2011.
- If you are enrolled in Part B but are not receiving Social Security payments or the premiums are not deducted from them, you'll pay \$115.40 a month in 2011.


- If you enroll in Part B for the first time in 2011 — regardless of whether you are receiving Social Security payments — you will pay \$115.40 a month.
- If your Part B premiums are paid by your state because of low income, you will continue to pay no premiums in 2011, as long as you remain eligible for this assistance.
- If your taxable income is over a certain level (\$85,000 for a single person or \$170,000 for a married couple filing a joint tax return) you'll pay higher Part B premiums of between \$161.50 and \$369.10 a month according to income level in 2011.
- If you pay higher-income premiums for Part B, you'll also pay more for Part D prescription drug coverage in 2011. Surcharges range from \$12 to \$69.10 a month, according to income level, in addition to the premiums that your Part D drug plan charges. You'll pay the regular premium to your plan and the surcharge separately to Medicare.
- If you're among the relatively few people who pay premiums for Part A, which covers hospital care, because you did not pay enough payroll taxes while working to qualify for premium-free coverage, you will pay either \$248 or \$450 a month for Part A in 2011, depending on how many Social Security work credits you have obtained.

Among other Medicare costs, the annual Part B deductible will rise by \$7 to \$162 in 2011. The Part A hospital deductible — paid for a stay in the hospital before coverage kicks in — will increase by \$32 to \$1,132 next year. This is the standard deductible for people enrolled in the traditional Medicare program. Those in Medicare Advantage health care plans usually have different hospital charges.

For additional information/discussions please visit <http://www.aarp.org/bulletin/> 

**Additional Resources:**

**Medicare Interactive**  
 [www.medicareinteractive.org](http://www.medicareinteractive.org)  
 can help you find answers about Medicare benefits. It was created and is maintained by

**The Medicare Rights Center** ([www.medicarerights.org](http://www.medicarerights.org)) which works to ensure access to affordable health care for older adults and people with disabilities through counseling, educational programs and public policy initiatives. 

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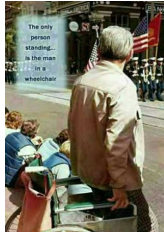
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 Facsimile (478) 922-7401  
 Email: [hjwalker@infionline.net](mailto:hjwalker@infionline.net)  
 123 B Carl Vinson Parkway  
 Warner Robins, Georgia 31088



It is the **VETERAN**, not the preacher, who has given us freedom of religion.  
 It is the **VETERAN**, not the reporter, who has given us freedom of the press.  
 It is the **VETERAN**, not the poet, who has given us freedom of speech.  
 It is the **VETERAN**, not the campus organizer, who has given us freedom to assemble.

It is the **VETERAN**, not the lawyer, who has given us the right to a fair trial.  
 It is the **VETERAN**, not the politician, who has given us the right to vote.  
 It is the **VETERAN** who salutes the Flag and ...

The Only Person Standing Is The Man (Veteran) In The Wheelchair.



It is the **VETERAN** who serves under the Flag.



**Remember/Honor/Thank Our Veterans!** 