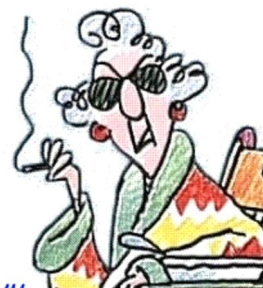


*I'll tell you one thing, if things keep going the way they are, it's going to be impossible to buy a week's groceries for \$10.00.*  
*Have you seen the new cars coming out next year? It won't be long before \$1,000.00 will only buy a used one.*  
*If cigarettes keep going up in price, I'm going to quit; 20 cents a pack is ridiculous.*  
*Did you hear the post office is thinking about charging 7 cents just to mail a letter.*  
*If they raise the minimum wage to \$1.00, nobody will be able to hire outside help at the store.*  
*When I first started driving, who would have thought gas would someday cost 25 cents a gallon. Guess we'd be better off leaving the car in the garage.*  
*I'm afraid to send my kids to the movies any more. Ever since they let Clark Gable get by with saying DAMN in GONE WITH THE WIND, it seems every new movie has either HELL or DAMN in it.*  
*I read the other day where some scientist thinks it's possible to put a man on the moon by the end of the century. They even have some fellows they call astronauts preparing for it down in Texas.*  
*Did you see where some baseball player just signed a contract for \$50,000 a year just to play ball? It wouldn't surprise me if someday they'll be making more than the President.*  
*I never thought I'd see the day all our kitchen appliances would be electric. They're even making electric typewriters now.*  
*It's too bad things are so tough nowadays. I see where a few married women are having to work to make ends meet. It won't be long before young couples are going to have to hire someone to watch their kids so they can both work.*



*I'm afraid the Volkswagen car is going to open the door to a whole lot of foreign business.*  
*Thank goodness I won't live to see the day when the Government takes half our income in taxes. I sometimes wonder if we are electing the best people to government.*  
*No one can afford to be sick anymore. At \$15.00 a day in the hospital, it's too rich for my blood.*

Meeting Date/Time: Wednesday - July 27, 2011/10:00 A.M.  
 Guest Speaker: Marsha Buzzell  
 Director - Warner Robins Convention And Visitors Bureau

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# Choice

July 2011  
 Volume 15 - 7  
 Monthly

The Newsletter Of AARP Chapter 1952  
 Warner Robins, Georgia  
 "To Serve - Not To Be Served"  
[www.Choice1952.com](http://www.Choice1952.com)

Meeting Dates/Time: **Wednesday, July 27<sup>th</sup>** (10:00 A.M.) and **Wednesday, August 24<sup>th</sup>** (10:00 A.M.)  
 Location: Wellston Center - 155 Maple Street | Warner Robins, GA 31093

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			Janet Morton	971-0746

### Birthdays For July

Helen Daly	1 <sup>st</sup>	Trudy Deep	5 <sup>th</sup>	Wynonna Smith	11 <sup>th</sup>	Sadie Holt	20 <sup>th</sup>
Ned Sanders	21 <sup>st</sup>	Maureen Echols	24 <sup>th</sup>	Ruth Peck	29 <sup>th</sup>		

### Birthdays For August

Clyde Mathe	5 <sup>th</sup>	Vi Hanson	9 <sup>th</sup>	Jean Hendry	13 <sup>th</sup>	James Kling	26 <sup>th</sup>
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### WE CARE

For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. **Ralph Waldo Emerson (1803-1882)** "Blessed are those who mourn, For they shall be comforted." **Matthew 5:4 NKJV**

**Highlights From June's Meeting:** Mr. Terry Dietsch - Manager/Houston County Landfill gave an informative presentation about operations, management and "green" initiatives at the landfill ... collective actions responsible for the landfill's successful debt-free operations! Mr. Dietsch explained a "win-win" situation where Flint (Energies) purchases methane gas from the county - providing environmentally friendly power - and the landfill operations enjoys a new form of revenue! The Solid Waste Association of North America (SWANA) recently awarded the Houston County Landfill the Silver Award (second highest) in **Landfill Management Category** ... second only to Orange County, California! Mr. Dietsch also encourages everyone/anyone to visit the landfill ... contact his office at 478/987-0089. ggd ☺



Following Mr. Dietsch's presentation everyone enjoyed great food during our "Annual Picnic!"



"Welcome" new member **Benedicta Edge!** ggd ☺



A reception was held recently by the **Pilot Club of Warner Robins** honoring our very own ... **Ivis Bedrick** who has been an active member of the club for **50** years! What an achievement! The **Pilot Club** is a global organization of executive, business and professional leaders working together to improve the quality of life in local communities and throughout the world. Their special emphasis is given to brain-related disorders. Congratulations "**Miss Ivis!**" ggd ☺





**Editor's Notes:** UPDATE YOUR LOCAL (Chapter 1952) MEMBERSHIP - STILL A "BARGAIN" AT \$5.00/YEAR!

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Sincerely,

**Greg (Formerly Known As "Da Baby") Davis** [ggd](#) ☺



### [AARP CEO Responds to Obama's Deficit Reduction Proposal](#)

"Social Security did not cause the deficit and should not be cut."

Source: AARP Bulletin | July 7, 2011

**AARP CEO Barry Rand** released a statement **July 7, 2011** in response to a report in the Washington Post that the White House was open to making cuts in programs such as **Social Security** and **Medicare** to reach an agreement with Republicans before the August 2 deadline to raise the nation's debt ceiling.

**"AARP will not accept any cuts to Social Security as part of a deal to pay the nation's bills," said Rand. "Social Security did not cause the deficit, and it should not be cut to reduce a deficit it did not cause. As the President and Congress work to negotiate a deal to raise the debt ceiling, AARP urges all lawmakers to reject any proposals that would cut the benefits seniors have earned through a lifetime of hard work."**

**"AARP is strongly opposed to any deficit reduction proposal that makes harmful cuts to vital Social Security and Medicare benefits. Social Security is currently the principal source of income for nearly two-thirds of older American households receiving benefits, and roughly one third of those households depend on Social Security benefits for nearly all (90 percent or more) of their income. The deficit debate is not the time or the place to talk about Social Security. AARP will fight any cuts that are proposed to this important program, including proposals to reduce the cost of living adjustment for beneficiaries (COLA) — such as the proposed chained CPI — which AARP also believes should not be considered as part of the debt ceiling or deficit reduction negotiations."**

In a budget proposal offered in April, President Obama vowed opposition to any cuts in Social Security or Medicare.

So the report that the White House might be considering changes to the popular programs caused shock waves in Washington. A few hours after the Washington Post story, the White House appeared to be clarifying the president's position, with a White House official who is close to the negotiations telling the Huffington Post that the Washington Post story "overshoots the runway." The official continued: **"The President said in the State of the Union that he wanted a bipartisan process to strengthen Social Security in a balanced way that preserves the promise of the program and doesn't slash benefits."** [ggd](#) ☺



### [The Cancer Screening That 22 Million Still Need To Get](#)

Source: AARP Blog | July 15, 2011

**Americans between the ages of 50 and 75** are at the highest risk for colon cancer, yet one out of three — about **22 million** — still haven't gotten screened for this deadly disease.

**Many have done the right thing**, thanks in part to publicity about screening by some well-known TV personalities. As a result, deaths from colon cancer have greatly decreased.

**As for the other 22 million folks** — well, federal officials at the Centers for Disease Control and Prevention (CDC) are very disappointed in you.

**Here's why: Screening can find precancerous growths, called polyps**, in the colon that can be removed before they turn into cancer. Of the cancers that affect both men and women, colorectal cancer is the number two killer in the U.S.

**Those most at risk for colorectal cancer include all adults between 50 and 75**, as well as those with a family history of the disease or who suffer from Crohn's disease and other intestinal disorders, according to the CDC.

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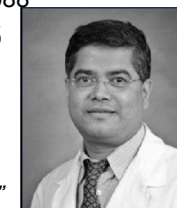
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**CDC director Thomas Frieden**, who's 50, even revealed during a recent press conference on colon screening that he had four polyps removed during his colonoscopy and he wants more older Americans to get screened like he did. That means an annual test for blood in the stool, or a lower-colon exam every five years with a sigmoidoscope, or a colonoscopy every 10 years.

**Following high-profile urging by celebrities** like former CBS Evening News anchor **Katie Couric**, whose husband died from the disease, the number of people getting screened for colon cancer has dramatically increased since 1997, when just 40 percent of older Americans got tested.

**As of 2010, two out of three** older Americans were up to date on their colon cancer screening. The CDC says screening prevented 66,000 colorectal cancers between 2003 and 2007 and saved 16,000 lives, compared to 2002.

**If you're on Medicare**, colorectal cancer screening is covered under the new health care law, but coverage under private plans may vary while government regulators get things sorted out. **The best idea is to check with your insurance provider to see what screening they'll cover.** [ggd](#) ☺