



L-R: Jean Smith (Secretary), Marieta Magerkurth (Treasurer), Frank Gadbois (Vice President), Herminia McMahon (Board Chairperson), Benedicta Edge (Board Member), Peregrina Guillet (Board Member), Soledad White (Board Member) and Greg Davis (President). Not Shown - Sonia Thompson and James Erdmanczyk (Board Members).

**An old, blind cowboy wanders into an all-girl biker bar by mistake.** He finds his way to a bar stool and orders a shot of Jack Daniels. After sitting there for a while, he yells to the bartender, **"Hey, you wanna hear a blonde joke?"** The bar immediately falls absolutely silent. In a very deep, husky voice, the woman next to him says, **'Before you tell that joke, Cowboy, I think it is only fair, given that you are blind, that you should know five things: 1. The bartender is a blonde girl with a baseball bat. 2. The bouncer is a blonde girl. 3. I'm a 6-foot tall, 175-pound blonde woman with a black belt in karate. 4. The woman sitting next to me is blonde and a professional weight lifter. 5. The lady to your right is blonde and a professional wrestler. Now, think about it seriously, Cowboy. Do you still wanna tell that blonde joke?'** The blind cowboy thinks for a second, shakes his head and mutters, **'No, not if I'm gonna have to explain it five times!'**

\*\*\*\*\*  
**"Doctor, every morning when I get up and look in the mirror I feel like throwing up. What's wrong with me?" Doctor: "Nothing, your eyesight is perfect!"** Thanks **Suzanne Burgess!** ggd ☺

\* Please Bring This Newsletter With You To Our Meeting And Bring/Invite A Friend! \*

# Choice

The Newsletter Of AARP Chapter 1952  
 (Houston County, Georgia)  
 — Established November 7, 1974 —  
[www.AARPChapter1952.org](http://www.AARPChapter1952.org)

February 2016  
 Volume 20 - 2  
 Monthly



Meeting Dates/Time: **Wednesday, February 24<sup>th</sup>** (10:00 a.m.) and **Wednesday, March 23<sup>rd</sup>** (10:00 a.m.)  
 Location: Wellston Center - 155 Maple Street | Warner Robins, GA 31093

| Officers         | Names              | Telephone       | Board Of Directors                    | Telephone       |
|------------------|--------------------|-----------------|---------------------------------------|-----------------|
| <b>President</b> | <b>Greg Davis</b>  | <b>318-0471</b> | <b>Herminia McMahon</b> (Chairperson) | <b>953-2010</b> |
| Vice President   | Frank Gadbois      | 953-7788        | Benedicta Edge                        | 333-2310        |
| Secretary        | Jean Smith         | (678) 246-4219  | James Erdmanczyk                      | 217-1778        |
| Treasurer        | Marieta Magerkurth | 922-2344        | Peregrina Guillet                     | 397-6691        |
| "Choice" Editor  | Greg Davis         | 318-0471        | Sonia Thompson                        | 442-7364        |
|                  |                    |                 | Soledad White                         | 953-5700        |

### Birthdays For February

Marilou Gockman 5<sup>th</sup> Anita McDonnell 28<sup>th</sup>

### Birthdays For March

Nita Law 1<sup>st</sup> Frank Gadbois 17<sup>th</sup> Sue Braun 22<sup>nd</sup> Elizabeth Warren 22<sup>nd</sup>

Mary Graf 23<sup>rd</sup> Jean Smith 29<sup>th</sup>

### WE CARE

For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. **Ralph Waldo Emerson (1803-1882).** "Blessed are those who mourn, For they shall be comforted." **Matthew 5:4 NKJV Sick/Shut-Ins:** Ruth Davis, Bessie Howell, Ivis Bedrick, Ned Sanders, Charles Bell, Rosita Huckeba. We wish health/wellness to all current/past members, family members and friends. ggd ☺

**Highlights From The January 2016 Meeting:** Kicked off 2016 with Officer Installation followed by "Health-Focused" presentation from **Hayden Foster/Reflexologist** and **Malinda Browning of Natural Therapies Health Center** (Warner Robins, GA). Natural Health Therapies is Middle Georgia's oldest family-run health food store, started in 1988 and still growing strong. Hayden and Malinda provided fascinating information - and demonstrations - on various "natural health remedies! His trained staff are especially helpful in offering health alternatives to those with chronic and short-term health conditions that have been unsuccessfully managed by traditional medicines. Malinda demonstrated DPA (Digital Pulse Analysis) - an FDA approved machine that registers blood flow and cardiovascular output to the body, which can indicate heart-related health concerns before they become life threatening. This painless procedure took only 3 minutes to test and several people eagerly learned their "heart health status!" **Natural Therapies Health Center ... 478/922-3316 | 616 Russell Parkway.**



**2016 Officers/Board of Directors Installed!** See Names Above + Photos On Back!

# "Relevance!"

AARP Chapter 1952 ... We **ARE** "Forever Young!"

**AARP Driver Safety Class - Contact:** Robert Woodall (478/397-6690) or Sherman Falana (478/987-3658) to register. Open To AARP And Non-AARP Members! **AARP Tax-Aide** - Contact **478/929-1066** for updates/current information! ggd ☺

Wednesday - February 24, 2016 | 10:00 a.m.  
 Guest Speaker: **Shirley Frazier** | Executive Director  
 Warner Robins/Houston County Housing Authorities



P.O. Box 7481  
 Warner Robins, GA 31095  
[www.AARPChapter1952.org](http://www.AARPChapter1952.org)  
 Tel: 478/318-0471





**Members:** Please UPDATE your local (Chapter 1952) membership ... still a "bargain" at only \$5.00/Year!  
**Advertisers/Sponsors:** Your support of our newsletter is an exceptional value at only \$5.00, \$10.00, \$20.00, \$30.00 or \$40.00 PER MONTH - PRORATED and helps tremendously to offset printing/production/marketing expenses. \*\*\* Special Rates/Web Banner Spots Available As Well \*\*\* Thank You ... Thank You ... Thank You! Welcome NEW Advertisers: Curry Mantra, U.S. Lawns and Kumon!

**ALL:** As Chapter President and Editor I'm open to suggestions for our newsletter!

So please, keep your membership status/information current and get your newsworthy information and/or photographs to me as soon as possible!

Sincerely,

**Greg Davis** ggd ☺ Tel: 478/318-0471 | E-Mail: gdavismail@gmail.com!



# "Relevance!"

**NOTE:** With the exception of **November, December** and "special events," our (monthly) meetings are held on the fourth (4<sup>th</sup>) Wednesday. As such, the newsletter is (usually) printed/mailed the third (3<sup>rd</sup>) Tuesday or Wednesday. We're **ALWAYS** "early" for the following month's special days/celebrations and SOMETIMES we're "early" for the current month's special days/celebrations as well. Upcoming **Meetings/Events:**

- **Wednesday** | 3/23/2016 | 10:00 a.m. - 12 Noon | Meeting | Perry/Houston County Airport
- **Wednesday** | 4/27/2016 | 10:00 a.m. - 12 Noon | **SPRINGO @ Antebellum Grove!** ☺

## AARP Georgia Names Debra Tyler-Horton as New State Director

By Serena Garcia | AARP GA | Posted on 01/29/2016

AARP Georgia is pleased to announce the appointment of **Debra Tyler-Horton** as its new State Director, a move that elevates her from AARP North Carolina's Associate State Director – Multicultural Outreach to this state's top decision-making position.

Tyler-Horton joined the AARP NC team in 2010 tasked with developing a deeper presence in diverse communities by strengthening visibility, engaging volunteers and members, building key relationships, conducting grassroots activities and participating in educational forums. Tyler-Horton has demonstrated success leading and managing teams, engaging volunteers, and innovating to achieve results. Tyler-Horton, former host of AARP's "Real Life, On the Radio," a weekly public affairs and discussion program, was heard throughout the Eastern Seaboard for five years.



Tyler-Horton is committed to building community in Georgia with strong partnerships. She will spearhead a volunteer-centered community engagement effort for AARP's presence statewide. "Georgia is leading the country in thinking boldly and creatively about 'Real Possibilities,' for the 50+ population and I'm excited to be here in the state as your new AARP State Director," says Tyler-Horton. "I look forward to our work together to develop **Age-Friendly** communities, support for family caregivers, strengthen financial resiliency, and protection from fraud, scams, and identity theft."

Tyler-Horton brings a wealth of experience to the role, and in her new capacity she will lead the AARP Georgia staff, hundreds of volunteers from throughout the state and more than one million members. AARP Georgia is among a targeted number of large populated states within the AARP organization. She plans to strengthen AARP's presence in Georgia communities through strategic advocacy efforts, education opportunities, and other innovative offerings to enhance the quality of life for Georgians.

Tyler-Horton is a results-oriented professional with more than 20 years of experience in nonprofit management and budget oversight. Prior to her role at AARP, Tyler-Horton served as the Deputy Director of the North Carolina Justice Center for more than 13 years. The Justice Center, located in Raleigh, is the state's leading progressive advocacy and research organization.

A Brooklyn, New York, native, Tyler-Horton traveled to South America as an Eisenhower Fellow, focusing on poverty and illiteracy, and has helped fight drought and hunger as a board member of Project Tanzania. She has received numerous awards and recognitions over the years, but the one she says she is proudest of is recognition from the National Council of Negro Women for her devoted service to the community. She holds a

B.A. in Psychology from Shaw University and is an ordained deacon.

Welcome to Georgia - Congratulations ... AARP Georgia! ggd ☺

☺ Check out our website - [www.AARPChapter1952.org](http://www.AARPChapter1952.org) - and enjoy the newsletters in full COLOR! ggd

**Did You Know?** February ... like many months, has several Daily/Monthly celebrations such as Black History Month, Ground Hog Day, Cancer Awareness Month, Valentine's Day, Chinese New Year, Madi Gras, President's Day and many others. For 2016, February has 29 days creating a **Leap Year!** Monday, February 29th is actually a **Leap Day!**



Leap day or otherwise known as leap year day, is an extra day which is added in the month of February in a leap year. February 29th adds up as the 60th day of a leap year in the "Gregorian" calendar. A leap year occurs in every four years, it occurs in years which can be evenly divided by four except for centenary years which are not divisible by 400.

Based on the Gregorian calendar, a leap day is most likely to occur on Mondays or Wednesdays rather than other days since calendar repeats itself every 400 years. Hence giving the possibility of February 29 to occur 15 times on a Monday or Wednesday, 14 times on a Friday or Saturday and 13 times on a Tuesday, Thursday or Sunday.

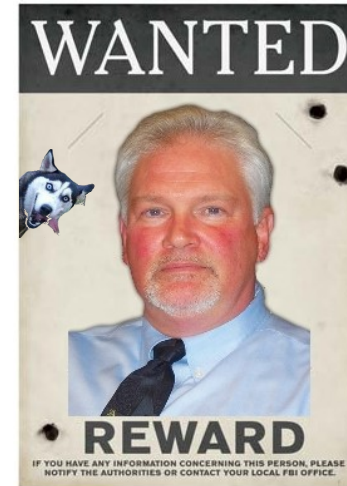
**History behind a Leap Year.** In ancient Rome, the leap day was marked on February 24 since February was the last month in their calendar. Addition were then made with extra months being added into the calendar every few years to maintain the correct seasonal changes. The Julian calendar was formed in 45 BCE, which resulted in a leap day being added to the end of February every four years.



In 1582 Pope Gregory XIII helped improve the Julian calendar with a new rule. He made it particular that a century year is not a leap year unless it can be evenly divided by 400.

**Traditions or superstitious Leap year beliefs.** There was a tradition which was introduced many centuries ago, it allowed women to propose to men during a leap year. Later this privilege of proposing was restricted to a leap day in some areas. Sometimes Leap day would also be considered as "**Bachelors' Day**". In accordance to the tradition, a man was expected to pay a penalty, such as money etc if he refused a marriage proposal which was offered from a woman.

\*\*\*\*\*  
 If You Have Any Information Concerning **This Person**, Please Notify The Authorities Or Contact Your Local FBI Office! "**Forever Young**" ... **A Valentine's In January Gala Fundraiser** was an exciting, fun, energetic, entertaining, lively and overwhelmingly successful event. Videos/photos at website - [www.AARPChapter1952.org](http://www.AARPChapter1952.org)!



**George Hartwig** | Houston County (GA) District Attorney  
**WANTED** For Delivering An Inspiring Speech:  
**"Leaving A Legacy!"**



"Think joining AARP makes you old? **Get over it!**"



AARP National + AARP Chapter 1952

AARP Chapter 1952 ... We ARE "**Forever Young!**"