



**Americans 'Healthier And Living Longer'**

Americans are living longer and leading healthier lives compared to 20 years ago, according to a "recent" study published in the **American Journal of Public Health**. Researchers from the University of Massachusetts Medical School (**UMMS**) analyzed data from multiple government-sponsored health surveys that had been conducted over the last 21 years.

The researchers say that for the first time, they were able to measure how the quality-adjusted life expectancy (**QALE**) of all Americans had changed over time. "QALE tells us more than how long a person can expect to live. It tells us what the relative quality of those added years are in terms of physical, emotional and mental well-being," says Dr. Allison Rosen, associate professor of Quantitative Health Sciences at UMMS. In detail, the study authors say that *in terms of life-expectancy, a person who is 25-years-old today can expect to live 2.4 quality years longer, compared with a person who was 25-years-old in 1987, while a 65-year-old can expect to live 1.7 years longer.* ggd ☺

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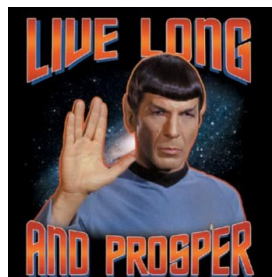


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# Choice

The Newsletter Of AARP Chapter 1952  
 Warner Robins, Georgia  
 "To Serve - Not To Be Served"  
[www.Choice1952.com](http://www.Choice1952.com)

February 2014  
 Volume 18 - 2  
 Monthly



Meeting Dates/Time: **Wednesday, February 26<sup>th</sup>** (10:00 A.M.) and **Wednesday, March 27<sup>th</sup>** (10:00 A.M.)  
 Location: Wellston Center - 155 Maple Street | Warner Robins, GA 31093

Officers	Names	Telephone	Board Of Directors	Telephone
President	Trudy Deep	333-2203	Maureen Echols	953-5060
Vice President	Frank Gadbois	953-7788	Suzanne Burgess	922-2003
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Choice Editor	Greg Davis	318-0471		

**Birthdays For February**

Elizabeth Craig 4<sup>th</sup> Joyce Phillips 12<sup>th</sup>

**Birthdays For March**

Frank Gadbois 17<sup>th</sup> Sue Braun 22<sup>nd</sup> Elizabeth Warren 22<sup>nd</sup> Brenda Lawrence 26<sup>th</sup>

**AARP Tax Aide** (Tax Season)  
 (M - F | 10:00 A.M. - 4:00 P.M.)  
 478/322-0269 (Warner Robins)  
 (W | Noon - 3 P.M.)  
 (Sa | 9:00 A.M. - Noon)  
 478/218-2274 (Perry)

**WE CARE**

For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. **Ralph Waldo Emerson (1803-1882)**. "Blessed are those who mourn, For they shall be comforted." **Matthew 5:4 NKJV** We wish health/wellness to all past/current members! ggd☺



**Highlights From January's Meeting:** **Christa Stone** | Marketing Director (Antebellum Grove Senior Living Community) shared insightful information about the "senior living" industry, trends, accommodations, management and activities. She also provided additional "veterans-specific" information. Antebellum Grove makes a difference in the lives of its residents ... exceeding expectations with highly trained and experienced staff for the **independent, assisted** and/or **alzheimer** resident. To schedule a tour, Christa can be reached at **478/953-0706**. To learn more please visit [www.SSMGRP.com](http://www.SSMGRP.com).

**Thursday, February 27, 2014: AARP Day At The Capital**

\*\* Attendees responsible for transportation. Travel vouchers can be submitted for travel expenses. Contact Trudy Deep (478/333-2203) or Frank Gadbois (478/953-7788) for additional information.



She's B-a-a-c-k! Ms Ivis "Chandelier" Bedrick recently returned from a "standing room/sold out" engagement at "The Oaks!" "Reliable Sources" were overheard saying "incredible," "unbelievable," "oh no she didn't" and "I don't think so!" Regardless of what "they" said ... we say **Welcome Back!** ggd☺



L - R: Tommy Stalnaker, Charles Bell, Trudy Deep, Ernest Braun, Mary Lappano, Christa Stone and Ned Sanders.

Last month I - inadvertently - omitted the name of one of our "Nonagenarian Treasures." "Happy 2014" to Ms Ruth Davis (The "Baby Girl")! ggd☺



California vintners, in the Napa Valley area, which primarily produces **Pinot Blanc, Pinot Noir** and **Pinot Grigio** wines, have developed a new hybrid grape that acts as an anti-diuretic. It is expected to reduce the number of trips older people have to make to the bathroom during the night. The new wine will be marketed as - wait for it ...



**"PINO MORE"** ggd☺

Meeting Date/Time:  
 Wednesday - February 26, 2014 | 10:00 A.M.  
 Guest Speaker: **Carleen Forbes**  
 Licensed Marriage & Family Therapist  
 Topic: *Winter Blues*



P.O. Box 7481  
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**Chapter 1952**





**Editor's Notes:** **Members:** Please UPDATE your local (Chapter 1952) membership ... still a "bargain" at only \$5.00/Year! **Advertisers/Sponsors:** Your support of our newsletter is an exceptional value **STILL** at only \$4.00 (or \$8.00)/Month [**\$48.00 (or \$96.00)/Year - Prorated**] and helps tremendously to offset printing/production costs. **\*\*\* Special Rates Available As Well \*\*\* Thank You ... Thank You ... Thank You!**

**ALL:** As **your** Editor I'm open to suggestions for our newsletter! So please, keep your membership status/information current, get your newsworthy information and/or photographs to me as soon as possible and - collectively - we'll get/keep advertisers/sponsors!

Sincerely,

**Greg (Formerly Known As "Da Baby") Davis** ggd ☺

I can be reached at **478/318-0471** and/or via e-mail at **gdavismail@gmail.com!**

Welcome New Advertisers/Supporters: **Yelverton Jewelers** And (Chairman) **Tommy Stalnaker**. Additionally ... **Thank You To All "Renewing" Advertisers/Sponsors!**



**Remembering Shirley Temple Black** Shirley Temple Black was a dimpled, precocious and determined little girl in the 1930s who sang and tap-danced her way to a height of Hollywood stardom and worldwide fame that no other child has reached. From **1935 to 1939** she was the most popular movie star in America, with Clark Gable a distant second. After winning an honorary Academy Award at the age of 6 and earning \$3 million before puberty, Shirley Temple grew up to be a level-headed adult. In **1972**, Black was diagnosed with breast cancer and underwent a mastectomy. She publicly discussed her surgery to educate women about the disease and is widely credited with helping to make it acceptable to talk about breast cancer.

No Shirley Temple movie was complete without a song — most famously **"On the Good Ship Lollipop"** and **"Animal Crackers in My Soup"** — and a tap dance, with partners including George Murphy, Jack Haley and Buddy Ebsen. But her most successful partnership was with the legendary African-American entertainer **Bill (Bojangles) Robinson**. She may have been the first white actress allowed to hold hands affectionately with a black man on screen, and her staircase dance with Mr. Robinson in **"The Little Colonel,"** the first of four movies they made together, retains its magic almost 80 years later.



As Ambassador Shirley Temple Black, she was soft-spoken and earnest in postings in Czechoslovakia and Ghana, out to disprove concerns that her previous career made her a diplomatic lightweight. The Screen Actors Guild gave her its 2005 Life Achievement Award, and in her acceptance speech posted on the group's website, she said: **"I have one piece of advice for those of you who want to receive the Lifetime Achievement Award: start early!"**

Black is survived by her children, Susan, Charlie Jr., and Lori, her granddaughter Teresa and her great-granddaughters Lily and Emma.

**Shirley Temple Black: April 23, 1928 - February 10, 2014**



**Remembering Jeannette E. Hyslip**

**April 14, 1929 - February 9, 2014**

Bonaire, GA - Jeannette Emily Hyslip, **84**, entered into rest on **Sunday, February 9, 2014**. Jeannette was born on April 14, 1929 in Manhattan, New York to the late Arthur D. Paquin and Florine Dhondt Paquin. She was a faithful member of Friendship Baptist Church. Jeannette, a resident of Warner Robins since 1957, was a wonderful homemaker. She was passionate about spending time with her family and friends and was a classical violinist, having studied at Juilliard School of Music. Later in life, Jeannette learned to fiddle and enjoyed traveling and playing at Blue Grass Festivals. She was a member of **AARP** and NARFE. She will truly be missed by all who knew and loved her. Her parents, and four siblings, preceded her in death.

Her memory will forever be treasured by her **beloved husband of sixty-two years, William E. "Bill" Hyslip**, Bonaire, Georgia; children, Denise Bryant, Bonaire, Georgia; Steven Hyslip, Chamblee, Georgia; David Hyslip (Jena), Benton, Tennessee; grandchildren, Jennifer Bryant Leopard (Mat), of Fort Walton Beach, Florida; and Susie Bryant, USAF, currently stationed overseas.



As a professional courtesy (within "reason") we'll continue to "promote" your company in our **2014** newsletters! We sincerely appreciate your support in 2013 and hope you'll continue that support in 2014 and beyond. **Thank You!** ggd ☺

Check out our website - [www.Choice1952.com](http://www.Choice1952.com) - and enjoy the newsletters in full COLOR! ggd ☺

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