



**Little Larry:** A new teacher was trying to make use of her psychology courses. She started her class by saying, **'Everyone who thinks they're stupid, stand up!'** After a few seconds, Little Larry stood up. The teacher said, **'Do you think you're stupid, Larry?'** **'No, ma'am, but I hate to see you standing there all by yourself!'**

Larry watched, fascinated, as his mother smoothed cold cream on her face. **'Why do you do that, mommy?'** he asked. **'To make myself beautiful,'** said his mother, who then began removing the cream with a tissue. **'What's the matter,** asked Larry **'Giving up?'**

The math teacher saw that Larry wasn't paying attention in class. She called on him and said, **'Larry! What are 2 and 4 and 28 and 44?'** Larry quickly replied, **'NBC, FOX, ESPN and the Cartoon Network!'**

Larry's kindergarten class was on a field trip to their local police station where they saw pictures tacked to a bulletin board of the 10 most wanted criminals. One of the youngsters pointed to a picture and asked if it really was the photo of a wanted person. **'Yes,'** said the policeman. **'The detectives want very badly to capture him.'** Larry asked, **'Why didn't you keep him when you took his picture?'**

Little Larry attended a horse auction with his father. He watched as his father moved from horse to horse, running his hands up and down the horse's legs and rump, and chest. After a few minutes, Larry asked, **'Dad, why are you doing that?'** His father replied, **'Because when I'm buying horses, I have to make sure that they are healthy and in good shape before I buy.'** Larry, looking worried, said, **'Dad, I think the UPS guy wants to buy Mom ....'**

**A fifteen year old Amish boy and his father were in a mall.** They were amazed by almost everything they saw, but especially by two shiny, silver walls that could move apart and then slide back together again. The boy asked, **'What is this Father?'** The father (never having seen an elevator) responded, **'Son, I have never seen anything like this in my life, I don't know what it is.'** While the boy and his father were watching with amazement, a fat old lady in a wheel chair moved up to the moving walls and pressed a button. The walls opened, and the lady rolled between them into a small room. The walls closed and the boy and his father watched the small numbers above the walls light up sequentially. They continued to watch until it reached the last number and then the numbers began to light in the reverse order. Finally the walls opened up again and a gorgeous 24-year-old blond stepped out. The father, not taking his eyes off the young woman, said quietly to his son ... **'Go get your Mother!'** **ggd ☺**

# Choice

June 2011  
Volume 15 - 6  
Monthly

The Newsletter Of AARP Chapter 1952

Warner Robins, Georgia  
"To Serve - Not To Be Served"  
[www.Choice1952.com](http://www.Choice1952.com)

Meeting Dates/Time: **Wednesday, June 22<sup>nd</sup>** (10:00 A.M.) and **Wednesday, July 27<sup>th</sup>** (10:00 A.M.)  
Location: Wellston Center - 155 Maple Street | Warner Robins, GA 31093

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### Birthdays For June

Frances Kobylinski 4<sup>th</sup> Nettie Mathe 20<sup>th</sup> Palmer Craig 21<sup>st</sup> Mildred Brown 27<sup>th</sup>

### Birthdays For July

Helen Daly 1<sup>st</sup> Trudy Deep 5<sup>th</sup> Wynonna Smith 11<sup>th</sup> Sadie Holt 20<sup>th</sup>  
Ned Sanders 21<sup>st</sup> Maureen Echols 24<sup>th</sup> Ruth Peck 29<sup>th</sup>

### WE CARE

For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends. **Ralph Waldo Emerson (1803-1882)** **"Blessed are those who mourn, For they shall be comforted."** **Matthew 5:4 NKJV**

# AARP Chapter 1952 Meeting/Picnic Wednesday | June 22, 2011 10:00 A.M.

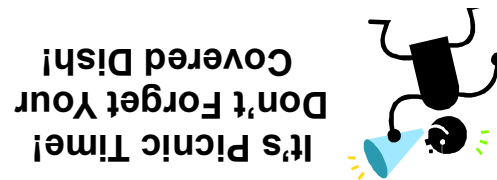
# B-e-e-e-e There!



A Sunday school teacher was discussing the Ten Commandments with her 5 year old students. After explaining the commandment to honor thy father and mother, she asked **"Is there a commandment that teaches us how to treat our brothers and sisters?"** Without missing a beat, one little boy answered, **"Thou shall not kill."** **ggd ☺**



\*\*\* Happy Father's Day \*\*\*



Meeting Date/Time:  
Wednesday - June 22, 2011/10:00 A.M.  
Guest Speaker:  
Mr. Terry Dietsch/Manager  
(Houston County Landfill)

P.O. Box 7481  
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Please contact me at 478/318-0471 and/or via e-mail at [gdavismail@gmail.com](mailto:gdavismail@gmail.com)!

Sincerely,

**Greg (Formerly Known As "Da Baby") Davis** [ggd](mailto:ggd) ☺

[You Can Beat Diabetes](#) - From Diets To Meds [5 Myths Busted]



**FICTION: If you're at high risk for diabetes, you're going to get the disease.**

**FACT:** The Diabetes Prevention Program - which followed more than 3,000 overweight, prediabetic men and women at 27 research centers — found that people who lost even a little weight and exercised consistently (a goal of 30 minutes five days a week) reduced their risk of developing type 2 diabetes by 58 percent. (People 60 and up cut their risk by a whopping 71 percent.) "If you're overweight, try to reduce your daily intake by 500 calories," says Christine Tobin of the American Diabetes Association (ADA)

**FICTION: Diabetics need a special diet.**

**FACT:** Not long ago diabetics were urged to forgo sweets and drastically limit their intake of carbohydrates. But a slew of new research suggests that diabetics are best served by following the same healthy guidelines everyone else does: plenty of fruits, vegetables, whole grains, lean meat and dairy products, and sparing amounts of heart-healthy fats.

**FICTION: There's a cure for diabetes.**

**FACT:** Halle Berry's claims to the contrary — in 2007 she announced she had been cured of her Type 1 diabetes — there is no cure for either type 1 or type 2 diabetes, says Sue Kirkman, M.D., senior vice president at the ADA. According to a study published last year in the Annals of Internal Medicine, however, 56 percent of Type 2 diabetics who followed a Mediterranean-style diet could control their blood sugar without medication.

**FICTION: Being overweight causes diabetes.**

**FACT:** Just because you're heavy doesn't mean you'll automatically get diabetes. In fact, 34 percent of adults 20 and older are obese, but just 10.7 percent have diabetes. Still, experts agree that being obese, especially combined with a genetic predisposition for diabetes, can trigger the disease. Research in The Journal of the American Medical Association showed that those who were obese at age 50 and gained 20 pounds were five times likelier to develop diabetes than those who weren't obese at 50.

**FICTION: An insulin pill is right around the corner.**

**FACT:** An insulin pill is not imminent, says the ADA's Tobin. There are alternatives to injections, though. One of the latest is the Finesse insulin patch-pen, expected to be available in late 2011. The patch-pen is disposable — and cheaper than an insulin pump.

Source: **AARP The Magazine | Nov/Dec 2010**

**Holy E-Mail:** One day God was looking down at Earth and saw all of the rascally behavior that was going on. So he called one of His angels and sent the angel to Earth for a time. When he returned, he told God, **'Yes, it is bad on Earth; 95% are misbehaving and only 5% are not ...** God thought for a moment and said, **'Maybe I had better send down a second angel to get another opinion.'** So God called another angel and sent him to Earth for a time. When the angel returned he went to God and said, **'Yes, it's true. The Earth is in decline; 95% are misbehaving, but 5% are being good.'** God was not pleased. So He decided to e-mail the 5% that were good, because he wanted to encourage them, and give them a little something to help them keep going ... **Do you know what the e-mail said?**



Okay, I was just wondering because I didn't get one either.

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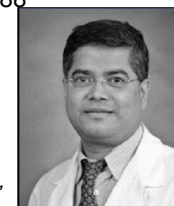
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**Questions That  
Deserve Answers**

How important does a person have  
to be before they are considered  
assassinated instead of just  
murdered?

What disease did cured ham  
actually have?

Why is it that people say they  
"slept like baby" when babies  
wake up like every two hours?  
If Jimmy cracks corn and no one  
cares, why is there a stupid song  
about him?

If corn oil is made from corn,  
and vegetable oil is made from  
vegetables, what is baby oil made  
from?

Why do they call it an asteroid  
when it's outside the hemisphere,  
but call it a hemorrhoid when it's in  
your \*\*\*?

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